



A Special Core Values Newsletter

Easter Edition

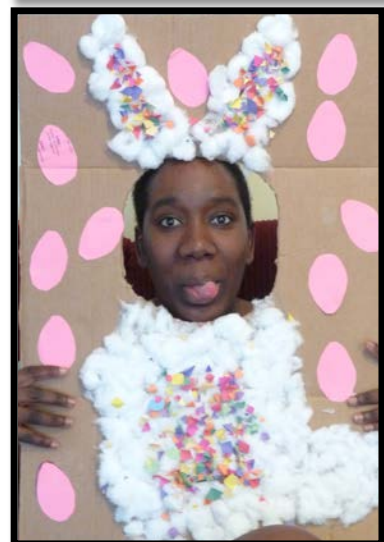
We live and celebrate in ways that nurture and express our common spirituality.



Debbie and Betty from L'Arche Daybreak



L'Arche Agapè



L'Arche Greater Vancouver has a special message for you. Click on the image below to see it!



Send your photos, videos and ideas for the Core Values Newsletter Special Edition to Will Grassby at wgrassby@larche.ca or Elizabeth Nash at enash@larche.ca.

<https://www.facebook.com/LArcheV/videos/288387205482628/>

Western Region

Jubilee House at L'Arche Comox Valley made colourful Easter Wreaths depicting the journey of Jesus. Love those smiles!



La Creche and Little Flower houses from L'Arche Edmonton had lots of fun together hunting for Easter eggs and throwing a brunch party.

L'Arche Edmonton wishes you all a Happy Easter!





Happy Easter from L'Arche Saskatoon!

L'Arche communities around the world are creating rainbows and placing them in windows as a sign of unity, hope, peace and solidarity.



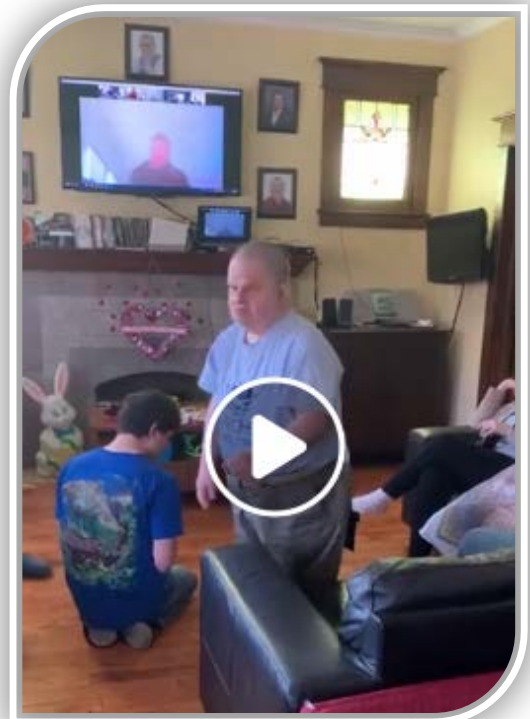
A fitting message for this Easter season



L'Arche Saskatoon Easter wishes

Ontario Region

Brian and Chris from L'Arche Hamilton know that nothing shakes off the self-isolation blues like a little Hokey Pokey. Just give it a try and you'll see what it's all about...just make sure to post it for us to see!



<https://www.facebook.com/larchehamilton/videos/582255475711746/>

Mountainview house at L'Arche Ottawa had a good old fashioned Easter egg hunt. Can you guess who is hiding behind the masks?



Teaghen from L'Arche Stratford shows off their beautiful Easter baking!

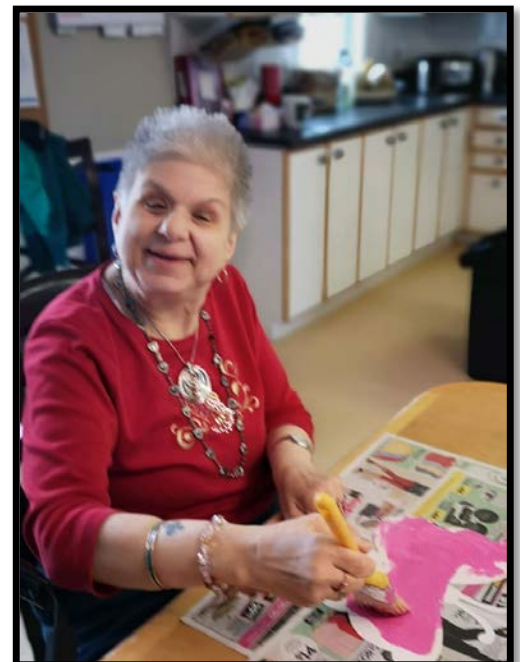
Easter Fun 2020



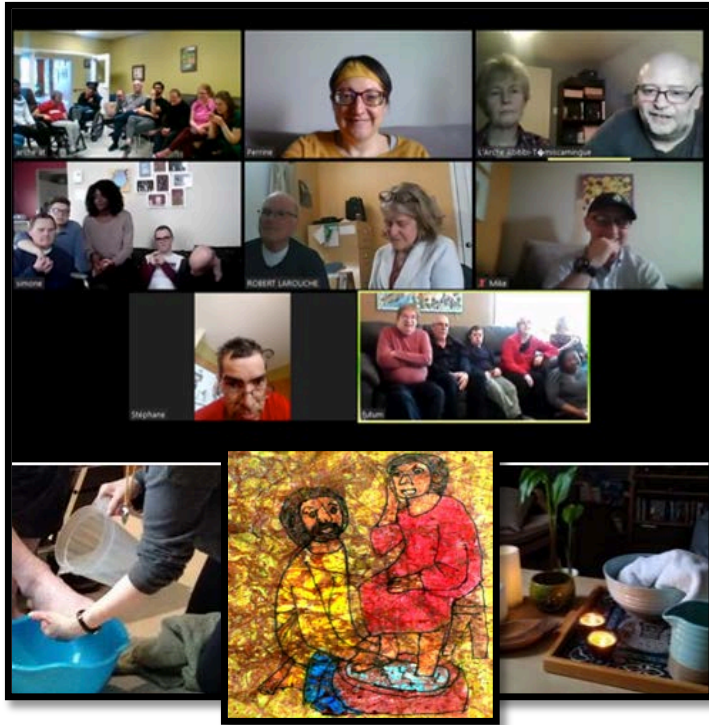
L'Arche Arnprior had lots of fun in their homes at Easter. They want to know which of the cakes they made is your favourite. Click on the picture to vote!



L'Arche
Sudbury
wishes you
all a Happy
Easter!



Québec Region



L'Arche Abitibi-Temiscamingue kept a time-honoured tradition alive by participating in a virtual foot-washing service. The beautiful icon shown at the bottom of the picture was created by Claude McLean of L'Arche Montréal!

L'Arche Agapè has continued to hold their weekly community night using zoom. Many former assistants currently overseas are staying up late into the night for these lively meetings. Word is getting around. Last week 3 homes from L'Arche Montréal joined in on the fun!



Speaking of L'Arche Montréal, the "Esquif" home decided to open up a café right in their home! Check out the video by clicking on the picture on the left!

<https://www.facebook.com/1022093561194786/videos/255950955442143/>



After their Easter egg hunt the “Colline” home at L’Arche le Printemps celebrated a colourful Easter brunch together.

Also at L’Arche Le Printemps, the “Ruisseau” home created a creative wreath of Easter Eggs with an egg for each member of the home and an additional egg to help keep all the other members of the community in their thoughts.



Also, make sure to check out this awesome video of L’Arche Mauricie’s Easter Egg Hunt by clicking on the picture to the left!



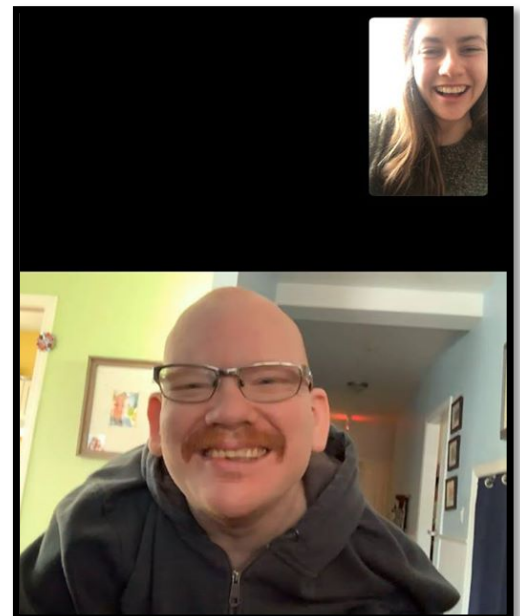
<https://www.facebook.com/LARCHEMAURICIE/videos/964918177262415/>

Atlantic Region



L'Arche Halifax sent us
so many pictures we
had to dedicate a
whole page to them
and their beautiful
smiles!

#everythingwillbealright #larchelife



Here are some great pictures and Easter wishes from L'Arche Saint John



At L'Arche Antigonish the Easter Bunny delivered baskets of joy!



Here is the latest Social/Physical Distancing poem from L'Arche Homefires:



Day 105 of 2020
Day 29 since first arriving at
Homefires House
Day 21 working as the
Homefires House Day Crew
4 core members- 5 different
day support staff so far
21 lunches - still none the
same
6 cakes baked
countless cups of tea and
coffee
2356 cheerios consumed
2 community zooms
millions of thoughts for others,
friends and family
Excited for the first REAL hug
to come!



L'Arche Avalon Weekly Waving Wednesday

Follow L'Arche Avalon on facebook to become a part of their weekly WAVING-WEDNESDAY! Greet and wave to L'Arche Avalon with a snapshot or selfie. They'll get your wave photos up on their page with the first names of those visible.

Their first waving participant is Lorraine. Hi Lorraine!



L'Arche Cape Breton celebrated Easter together in their homes. Here is a picture they sent of one of their celebrations. Also, if you haven't seen it already, check out this great video celebrating their 37th anniversary earlier in April.



<https://www.facebook.com/LArchecapebreton.org/videos/966188977146955/?eid=ARctXXrKm1D4WNhkkrgFrVyLboXzW15NcPSQUbbbfgi6AO3o3iglXeE7meDY5cn-9-pxFuYmFGaKaod>

Would your home like to get to know a home in a different region? Would you like to see some new faces on your Zoom screen? Have you always wondered why people from the West Coast wear so much fleece? Or why people from the Atlantic sing in their kitchens? Send us an email at enash@larche.ca with "Get to Know You Game" in the Subject heading. We will match you up with a L'Arche home in another region, and even get you going with a fun game to play together! And if you don't speak the same languages, don't worry about it. You can have a dance party!

Announcing the **second annual** Core Values Song Contest!

Gather your friends and create an original song about Servant Leadership and our Core Values. Record yourselves singing together and send your entry to enash@larche.ca by May 31st. The top 5 songs will face an impartial jury of Core Members. The winning song will receive a \$100 gift voucher to spend at the Day Program store of your choice!

For inspiration, check out this [fun video](#), this [original song](#) by L'Arche Saskatoon, or watch [this song](#) from friends and members of L'Arche Edmonton

Share your gifts and have some fun!



Weekly Zoom Zumba with Federico Gauchat

Just click on the Zoom link about 5 minutes ahead of the start time. Make sure you have made some space to move around and have some water handy, then be ready to dance with L'Arche folks across the country!

Here are the links for the upcoming Zoom Zumba classes:

April 21st April 28th May 5th May
12th

<https://zoom.us/j/902426712>

